



**LEVEL 2/5:
1-DAY
TRAINING
COURSE**

FIRST AID FOR YOUTH MENTAL HEALTH

This 1-Day course This qualification is suitable for anyone who actively connects with children such as parents, carers, teachers, youth group leaders and young adults.



RQF Level 2 Award

Qualification title: FAA Level 2 Award in First Aid for Youth Mental Health (RQF) Code: 603/7176/6

Unit title: First Aid for Youth Mental Health Unit code: D/618/0147

SCQF Level 5 Award

Qualification title: First Aid for Youth Mental Health at SCQF Level 5 Code: R680 04

Unit title: First Aid for Youth Mental Health Unit Code: UP35 04

Duration

The minimum classroom contact time of 6-hours can be spread over a maximum of 3-weeks, ensuring that each session is a minimum of 2-hours.

Syllabus

A range of First Aid for Mental Health related subjects are covered including:

- What is First Aid for Mental Health?
- Identifying mental health conditions
- Stress
- Mental health conditions
- Drugs and alcohol
- First Aid action plan for mental health

Numbers

A maximum of 16 students are allowed on the course and must be a minimum of 14 years of age. A certificate can be offered to all, subject to assessment.

Assessment

The qualification is assessed through a written assessment paper and the practical demonstration of the first aid action plan for mental health. Learners must successfully pass both parts of the assessment to be awarded the qualification.

Certification

A Level 2 Award in First Aid for Youth Mental Health will be issued to the learner, subject to successful assessment. This qualification is valid for three years from the date of achievement. The learner will need to complete the full course again to requalify for a further three years.

To book your place or discuss further please contact:
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FROM
FIELD CRAFT
TO FILM
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